

Heal Us Now

Leon Sher

R'fa-euinu Adonai v'nerafeh

Hoshi-einu v'nivashe-a

El karov l'chol korav. Ach karov lire-av yisho

We pray for healing of the body.

We pray for healing of the soul.

For strength of flesh and mind and spirit

We pray to once again be whole.

El na r'fa na. Oh please heal us now.

R'fu-at hanefesh, ur'fu-at ha guf, r'fu-a sh'lema

El na r'fa na. Oh please heal us now.

R'fu-at hanefesh, ur'fu-at haguf, r'fu-ah sh'lema

Heal us now. Heal us now

Hoshia et amecha uvarech et nachalatecha

Ur'em v'nas'em ad ha-olam

Mi shebeirach Avoteinu, Mi shebeirach

imoteinu. Ana Adonai Hoshi-ah na.

We pray for healing of our people.

We pray for healing of our land.

And peace for every race and nation.

Every child, every woman, every man.

El na r'fa na. Oh please heal us now.

R'fu-at ha-ne-fesh ur'fu-at hagif, r'fu a shlema

El na r'fa na. Oh please heal us now.

R'fu-at ha-ne-fesh ur'fu-at hagif, r'fu a shlema

Heal us now.

Heal us now.

Heal us now.